



Todmorden CE (A) J, I & N School

Newsletter

Wednesday 24th February 2021



All children will return to school & nursery on the 8th March. Please keep checking the website homepage over the next two weeks for details!



All back on the 8th March

WORLD BOOK WEEK

Next week, we will be celebrating World Book Day throughout the week.

In English all children, both in school and at home, will be studying a whole school text called 'The Emperor of Absurdia'.

Also throughout the week, teachers will be asking the children to create a book in a box using their best craft and artistic ability. This could be their favourite book or one that they think will work well in a box!

Children who complete this challenge will be celebrated in our newsletter and on our website.



Our Christian value this half term is:

HONESTY



Spark a lifelong love of reading

Bug Club

READER OF THE WEEK

For children who consistently read at home during lockdown.

Reception =	Renny Harper Wilkinson
Class 1 =	Luis Taylor
Class 2 =	Nathan, Elsie & Ibrahim
Class 3 =	Millie Cook
Class 4 =	Bertie Claxton Spillet
Class 5 =	Daisy Sutcliffe
Class 6 =	Zoe Bedford

Stars of the Week



For fantastic Home Learning!

Bunnies =	Arthur Yim
Owls =	Cole Preston
Reception =	Miller Adams & Haider Ali
Class 1 =	Alban Benjamin
Class 2 =	Eliza Rafiq
Class 3 =	Dylan Waterlow
Class 4 =	Indigo Stewart—McBeth
Class 5 =	Alice Chapman
Class 6 =	Anastasia Garbutt-Maher

NEW MENTAL HEALTH WORKER IN SCHOOL



Hi everyone, my name is Jess Hudson and I am the new Education Mental Health Practitioner for Todmorden CE J, I & N School. I work for Northpoint Wellbeing in the Mental Health Support Team, a new team working in schools to support children who may be struggling with low mood, anxiety and other mental health issues.

After I have completed my training I will be working in school alongside Mrs Leadbitter, other staff, families and children. I will also work with the school around their whole school approach to emotional wellbeing and mental health and support of parents and staff on how they can support their children too.

I am really excited to start working at your school as from what I have seen and heard already it is a great school. Hopefully, I will be able to meet you all soon!

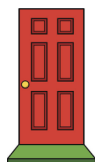
Kind Regards, Jess

Please remember we are in school during the day and can be contacted to offer support in various ways;

Device support



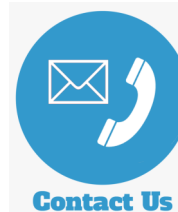
Doorstep visits



Wellbeing calls



Home Learning queries



HOW PARENTS CAN BUILD A POSITIVE MENTAL HEALTH ENVIRONMENT AT HOME DURING LOCKDOWN



Role model positive behaviours and share with your family how you look after your physical and mental health



Build mental health into regular conversations. For example talking about feelings and checking in with each other



Support and encourage each other to engage in relaxation or self care activities. These can be done individually or as a family



Highlight and promote the importance of looking after physical health (Sleep, eating a well balanced diet and trying to be active)



Identify some coping skills that you can learn on a weekly basis. Learn them, practise them and reflect on how they made you feel



Be patient and respect each others space. Provide each other with a sense of autonomy over decisions.



Support each other to engage in activities that provide a sense of pleasure, achievement and connectedness



Problem solve together. If someone is worried work together as a team to find the solution to the problem



Support each other to limit the amount of time you check the news



@BELIEVEPHQ

